

Parenting TOPIC

Toileting

Its hard to know when is the right time to toilet train your toddler?

Not all children are ready at the same age.

Most children show signs between the ages of 18 months and 24 Months, some children are earlier or later than others.

Instead of focusing on the age look for the child readiness indicators such as:

- Following simple instructions
- Having a dry nappy for up to 2 hours
- Sitting on the potty/toilet then getting off before doing anything.
- Taking their own nappy off
- They are showing an interest in wearing underpants.

Remember to try and plan your timing right eg: Not when,

- you are planning a trip away
- Your child is sick
- You are moving house
- A new baby has just arrived

Children need to feel secure in this process.

Summer time is a good time of the year because children wear less clothing (but don't hold off if your child is showing you readiness signs).



How long can this take?

This process can take between 3 and 6 months but this does depend on the child.

Your child may need a toddler seat that sits on top of the toilet and a step for them to use when needed, this will help your child to feel secure and independent if they can to access the toilet when they need to.

Pullups are good to use if you are going out ,as they can easily be pulled down when needing to go to the toilet(also a safe option for accidents).

This experience should always be made a good one and we at ChoiceKids can help if you need please feel free to talk to the teachers at any time.

- Rose